

Your Newborn Baby Checklist

by Baby-Sleep-Advice.com

Must-Haves

Simply unmissable for safe and comfortable sleep

- Safe crib, bedside cosleeper crib or safe family bed arrangement
- Wearable blanket / sleeping bag
- Night light

Must-Reads

The guides to have on your bedside table

- [The Complete Newborn Sleep Guide](#) by Heidi Holvoet

If you are breastfeeding:

- [Dr. Jack Newman's Guide to Breastfeeding](#) by Dr. Jack Newman and Teresa Pitman

Comfort Items

Maybe not unmissable but very good sleep companions

- Sling
- Sound or video monitor
- Musical mobile
- Humidifier

For detailed reviews and
recommendations

see

[Your Online Newborn Baby Checklist](#)